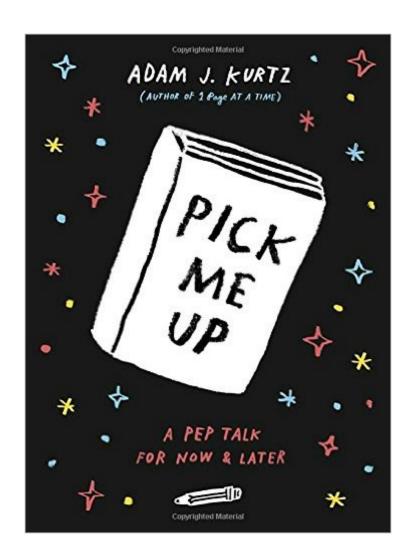
The book was found

Pick Me Up: A Pep Talk For Now And Later





Synopsis

On the heels of his internationally successful first book, 1 Page at a Time, artist and author Adam J. Kurtz delivers another intimate and engaging journal. This weird and wonderful book offers perspective, hope, and perhaps the best advice of all--your own. (Plus a bit of existential humor because why not.)This is not a journal you fill out in order. Flip to a random page and leave your mark. When you land on the same page days or weeks later, add a little more. Watch yourself change and grow with each visit as you record and reflect on the fleeting but amazing moments of everyday life.

Book Information

Paperback: 256 pages

Publisher: TarcherPerigee (October 4, 2016)

Language: English

ISBN-10: 0143109081

ISBN-13: 978-0143109082

Product Dimensions: 5.4 x 0.7 x 7.5 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Best Sellers Rank: #16,172 in Books (See Top 100 in Books) #18 in Books > Self-Help > Journal

Writing #97 in Books > Self-Help > Creativity #420 in Books > Self-Help > Motivational

Download to continue reading...

Pick Me Up: A Pep Talk for Now and Later Best Pick 3 and 4 System on Planet Earth!: From the publishers of â œWin with this 10 proven pick 3 and pick 4 systems now!â • Pep Confidential: The Inside Story of Pep Guardiola's First Season at Bayern Munich Conversation: The Gentle Art Of Hearing & Being Heard - HowTo "Small Talk", How To Connect, How To Talk To Anyone (Conversation skills, Conversation starters, Small talk, Communication) Texting Women: 7 Simple Steps From Text to Sex (Flirty Texts, Texting Girls, How To Text Girls, Art Seduction, How to Seduce a Woman, Funny Text, Pick Up Women, Funny Pick Up Lines, Picking Up Women) Pick 3 Crusher: Pick 3 Lottery Ea\$y Dollar\$: at the Pick 3 - Pick 4 Daily Lotto Pick 3 Lottery Secrets-2: The Master Reference Box (Pick 3 Secrets) Pick 3 Lottery Secrets-1: Review of Cheat Sheet-3.2 (Pick 3 Secrets) The Perfect Pick 3 & Pick 4 workout Ever!: Play Less, Win More with this additional 10 systems! Yes, it is that simple folks! Is It Wrong to Try to Pick Up Girls in a Dungeon?, Vol. 4 - light novel (Is It Wrong to Pick Up Girls in a Dungeon?) Living in "The Now" in Easy Steps

(Understanding Eckhart Tolle, Dalai Lama, Krishnamurti, Meister Eckhart and more!): 7 Lessons & Exercises to Stop Your ... Live in the Now (The Secret of Now Book 1) Electronic Media: Then, Now, and Later Letters to My Baby: Write Now. Read Later. Treasure Forever. Herr Pep (Spanish Edition) Pep Guardiola. La metamorfosis (Spanish Edition) Pep Guardiola: Another Way of Winning CHATTER: Small Talk, Charisma, and How to Talk to Anyone (The People Skills, Communication Skills, and Social Skills You Need to Win Friends and Get Jobs) How to Talk So Kids Will Listen and Listen So Kids Will Talk

<u>Dmca</u>